

THE QUARTERLY NEWSLETTER
St. Peter & St. Paul Orthodox Church
Orthodox Church in America
 6980 S. County Line Road—Burr Ridge, IL 60527
 Fr. Herman Kincaid, Rector

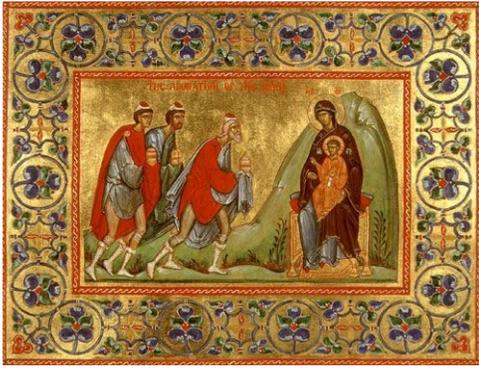


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Produced by the adjunct committee on Evangelization, Outreach and Parish Stewardship (EOPS). Our hope is to concentrate on information, people and events. Information should be given to Shirley Bryar, Dorothy Koncel or Fr. Herman. Back copies of all Newsletters can be viewed in our library.

WINTER 2016—2017

THE CHILDREN'S ANNUAL YOLKA



YOLKA CAST
 Sophia Evdokimov, Misha Evdokimov, Gianna Frigerio, Adeline Haak, Eloise Haak,

Margarie Haak, Olivia Havlovic, Andrew Kincaid, Ella Kincaid, Nathaniel Kincaid, Shaylah Marvin, Ana Treanor, Casey Treanor, Colin Treanor, Kelly Vranes.



Thanks to Jenna Treanor, Director, and Photographer
 See the full video of
 this performance shot by Fr. Herman on our church's web site.

PASTOR'S CORNER

Our Journey to Pascha



One of the greatest blessings we have in our Church is the rich liturgical cycle offered during this Lenten season. As we focus during this time on growing closer to our Lord in prayer, fasting and almsgiving, the Church invites us on a journey to the life-giving Passion of our Lord. We do not merely “attend” services, rather we encounter Jesus Christ and His Saints fully. This is accomplished first and foremost by partaking of our Lord’s Body and Blood at every Presanctified Liturgy. This beautiful liturgy is a source of physical and spiritual nourishment during the arduous fasting season. It is not only Holy Communion that we receive. We also hear the creation story from Genesis, the wisdom of Proverbs and the prophecy of Isaiah. When read daily (Monday-Friday during Lent), the Church presents the entirety of these Old Testament books for our edification. Through these readings and the hymnography of the Lenten Triodion, the Church doesn’t merely present a time to come and worship, but progressively moves us through our salvation history, which culminates with our Lord’s incarnation and is crowned by His life-giving crucifixion.

We also are given an encounter with the Saints, commemorating them on the Sundays of Lent, together with other occasions (Canon of St. Andrew, Salutations to the Virgin Mary, St. Theodore the Recruit and Lazarus). These holy encounters with God’s beloved Saints remind us that as we journey through this life, God can transform regular people into holy beacons of humanity. We too, in following their examples, can encounter Christ fully each day and move into a deeper reality of His life-giving Passion on the Cross and Resurrection.

This season of sacrifice is rewarded with the celebration of Holy Pascha, our Lord’s Passover from death to life. Let us strive to apply ourselves fully to the journey our Church gives us, for it is a luminous path leading to transformation, eternal joy and total encounter of our Lord. To Him be all glory!

Father Herman Kincaid



Fr. Herman has a monthly Healing Service at our church. All are invited.

Andrew doesn't need the crutches anymore. His ankle is healed, thanks to the doctor and our prayers.



The Kincaid’s with Saint Nicholas

| SUNDAYS | THEMES / GOSPEL READING | HOW TO PARTICIPATE: |
|--|---|---|
| Fast - Free Week FEBRUARY 5th | Publican and the Pharisee | TRUST IN GOD, NOT YOURSELF! ASK FOR HIS HELP BEFORE EVERY TASK THIS WEEK! |
| Normal Fast Week FEBRUARY 12th | The Prodigal Son Returns! <small>USE UP/FREEZE MEATS THIS WEEK</small> | SCHEDULE A CONFESSION |
| Meatfare FEBRUARY 19th | The Last Judgement <small>FAREWELL TO MEAT TODAY USE UP/FREEZE DAIRY THIS WEEK</small> | FIND A COMPASS AND SAY A PRAYER FACING EAST THIS WEEK. CHRIST IS RETURNING FROM THE EAST AND WE WAIT FOR HIM! |
| Cheesefare FEBRUARY 26th | Adam and Eve are cast from Paradise! <small>FAREWELL TO CHEESE TODAY</small> | ASK EACH OTHER FOR FORGIVENESS EACH EVENING THIS WEEK BEFORE BED. |
| 1st Sunday of Lent MARCH 5th | TRIOPH OF ORTHODOXY | BRING AN ICON TO CHURCH FOR PROCESSION. |
| 2nd Sunday of Lent MARCH 12th | ST GREGORY PALAMAS | BRING A PRAYER ROPE to be blessed today! Use it each day this week! |
| 3rd Sunday of Lent MARCH 19th | CROSS SUNDAY Half Way There! | WEAR YOUR CROSS TO CHURCH AND KISS THE CROSS EACH MORNING WITH BOW! |
| 4th Sunday of Lent MARCH 26th | ST JOHN of the Ladder | Every time you climb stairs today ask St. John to help you reach Paradise with the sign of the cross! Do this throughout the week too! |
| 5th Sunday of Lent APRIL 2nd | ST MARY of EGYPT | WRITE A PRAYER FOR OUR CHURCH AND FOR ANYONE YOU KNOW WHO NEEDS GOD AND BRING IT WITH YOU! (Sending them to St. John's relics in San Fran.) |
| PALM SUNDAY! April 9th | PALM SUNDAY | BRING PUSSEYWILLOWS TO BE BLESSED (Sign of Victory)! Place one behind an icon at home and in your car! |
| GOOD FRIDAY APRIL 14th | HOLY FRIDAY | REFRAIN FROM TV and CELL PHONES to HONOR Christ's Death |
| FEAST OF FEASTS! APRIL 16th | HOLY PASCHA (CHRIST IS RISEN!) | TELL YOUR PRIEST AND FAMILY: "CHRIST IS RISEN" AND SAY IT BEFORE GOOD MORNING AND GOOD NIGHT! |



Mt. Hermon is actually a cluster of 3 distinct summits, each about the same height. Its summit straddles the border between Syria and Lebanon, 9,232 ft. above sea level.

On top, is the UN buffer zone between Syria and Israeli occupied territories, known as "Hermon Hotel". The southern slopes of Mt. Hermon extend to Golan Heights, where a ski resort is located.



The three peaks are snow covered most of the year. Melting water feeds springs at the base which merge to become the Jordan River.

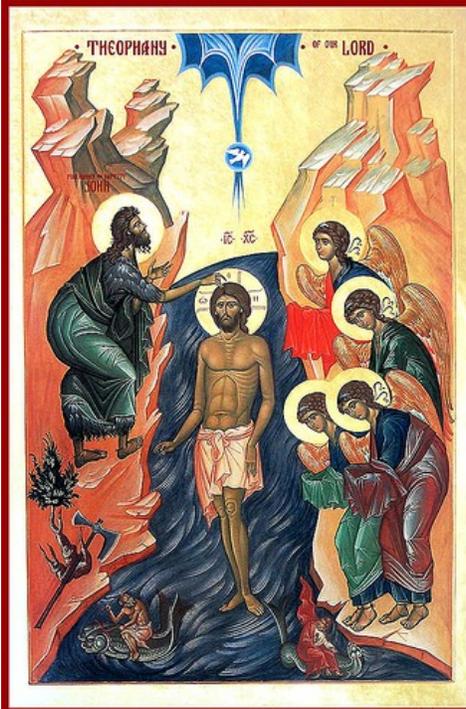
DIVING FOR THE CROSS



Fr. Herman blessing the water & our church



The Jordan River is 156 miles long. It flows through the Sea of Galilee and on to the Dead Sea. The drop goes from a height of 9,232 ft. to minus 1,365 ft. This river is the site where the Israelites crossed into the Promised Land near Jericho, and where Jesus of Nazareth was baptized by John the Baptist. A small area of the lower Jordan is kept pristine for baptisms and local tourism.



In 2015, a section known as Al Maghtas, on the east bank of the Jordan River, in the country of Jordan, a site was designated as the official "Baptism Site" by UNESCO World Heritage. Nearby the site in Jordan, a Greek Orthodox Church was built, called St. John the Baptist.



DREAMS DO COME TRUE!



Congratulations to the Chicago Cubs on winning the 2016 World Series. Our church has an Annual Outing to see a White Sox game, but we found that we have some fervent Cubs fans too.

About 85 years ago, our church stood on 53rd & Western Ave. in Chicago (the longest street in the city). Those of us who grew up in that neighborhood considered ourselves "Southsiders". So naturally we rooted for the south side team, the White Sox. (Who won the pennant in 2005.) But, we grew up, moved to Burr Ridge and learned that some of our parishioners have always been loyal Cubs fans.

Maria Sedor, her son Tom and Joe Stefanisin are VERY loyal Cubs fans. There are probably more too. We wondered why these 3 who came from the same south side neighborhood as us, became such ardent fans of the Cubs.

From Maria we learned that she got interested in baseball when her son Tom started to play Little League Baseball. They began to watch baseball on WGN TV which broadcast the Cubs games, as they couldn't afford cable TV. Eventually Tom bought Cubs season tickets and this past year Maria, Tom and Joe got to see their favorite team win the big prize. Yes, Dreams do come true.

What should we dream about next? How about the Cubs & White Sox in a final duel to win the 2017 World Series? The fans would go crazy! P.S. Tom got to attend 2 of the Championship games in Chicago and 2 in Cleveland.



Kurt Palendech, grandson of Mike Palendech, an UNLV junior quarterback, was named Player of The Week in November as he helped his team beat Wyoming 69-66 in triple overtime. He had 3 touchdowns, including one for 76 yards. He then went on to complete a two point conversion pass to give his team an advantage that would go down as the third-highest scoring game in FBS history. Congratulations Kurt! (Hope the Bears have their eye on Kurt.)



In our last issue we told you about John Sutko, our retired choir director surprising us by how low he could sing at a recent concert. Now we are pleased to let you know that his name has been added to a database that lists the lowest voices in the world. Check out www.oktavism.com



Orthodox Christian Scouts blessing on the First Sunday in February.



Annual visit of Saint Nicholas at our Memorial Christmas Tree

DID U KNOW?



More than 125 plants, trees, and herbs are listed in the Bible? You can create your own Bible Garden, or you can plant a small Bible Herb Garden, even indoors. Maybe you would like to read the Bible and find these items yourself? Let us know how many you have found.



Although eagles have long been spotted in the Fox River area, recently they have been photographed in the southern area of Cook County. January and February are when they "winter" in Illinois. In fact, you can see more eagles in Illinois than in any other state except Alaska.



Fr. Herman led a six week Bible Study group on worship in the fellowship hall on Tuesday mornings last fall, and repeated the sessions on Friday evenings in January and February. We thank him for this. It was wonderful.

THANK YOU

A special thank you to our choir, who always sing so beautifully, but especially on one special night. Perhaps it was the occasion, for it was Christmas Eve. We looked to see if there was a guest. There wasn't, just regular choir members singing in glorious harmony. It was A WOW PERFORMANCE.

MEMORY ETERNAL



Gloria & Russ Frillman

Russell A. Frillman, Navy veteran S 1/C Pacific Fleet, WW11 fell asleep in the Lord on October 6, 2016.

Beloved husband of Gloria, nee Malik, and the late Helen "Daisy", loving father of Linda (Richard) Baca and Russell Jr. (Nancy) and fond parishioner to all. What many of us remember is how much Russ loved coming to church. Russ worked for Illinois Bell for 36 years. Navy personnel conducted the burial.



Ann Hatton, age 90, wife of the late Roy Hatton, and daughter of the late James and Helen Bodnar, original members who started our church. She was the sister of Helen (the late Tom), the late Dorothy (the late John Kotkovich and daughter Christine)

fond aunt of Paul, John, Thomas, Timothy, Michael and Maureen Carroll. Fr. Herman had several meetings with Ann before she fell asleep in the Lord on 10-11-16.



Arthur E. Rowers, husband of Julie, father of Arthur (Deborah), Brian (Kim), Lynn (Phil) Cozza, Gail (Robert) Lovero, and faithful member of our church fell asleep in the Lord on January 10, 2017. Art was 89 years old. He and Julie had been married for 65 years. He was a Navy veteran and had served in WW11. Art had also been an educator for 33 years, was a former clerk for the Village of Stickney, and served as a Commander of Local, state, and Historical levels of the American Legion. At our church, Art was a valued former member of EOPS, the publishers of this Newsletter. The Navy was present at the funeral.

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LIFE EXPECTANCY RISES

In 2016, the average life expectancy rose to new heights, many living beyond the age of 100. They are referred to as the "Supercentenarians."

The oldest recorded person alive is Emma Morano, born 11-29-1899, lives in Civiasco, Italy.

The oldest American turned 114 on December 12, is Adele Dunlap and lives in Pittstown, N.J.

At our church, Helen (Catsadimas) Demakis turned 102 on January 9th.

Moral of this story? You need to add more thought to your retirement plans.



Fr. Herman, Helen, Bishop Paul

PRAYER FOR THE SANCTITY OF LIFE

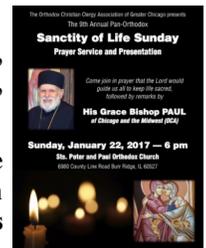
O Christ our God, You are the One Who both gives and wills the protection of all life. By word and by deed, You have taught us to treat all life as sacred, with the utmost care and compassion for every human being, of every race, nation and faith, of every walk and way of life, those born and unborn alike.

Seeking to fulfill this teaching as Your followers, we turn to You in fervent prayer on this "Sanctity of Life Sunday." O God, who knows each of us from our mother's womb, protect the fragile lives of our unborn little brothers and sisters, granting blessed repose to those whose tiny lives were terminated, as well as repentance and forgiveness to those who have participated in their termination.

You Who suffered as a prisoner on death-row before Your awesome Passion, protect those presently on death row, granting blessed repose to those whose lives were terminated by the State and repentance and forgiveness to all who have participated in capital punishment.

You Who proclaimed that "whoever lives by the sword shall also die by the sword," grant that we may soon know an end to all violence, bloodshed and desecration of human life. Instill a sense of life's sanctity in all who foment war abroad and who bring violence to our streets at home. Grant protection to our Armed Forces, and to all peoples both here and abroad. Grant blessed repose to those who have perished in acts of war and terror and street violence, as well as repentance and forgiveness to those who have participated in such bloodshed.

O Life-Giving Christ, the Prince of Peace, through the intercessions of our Holy Mother, the Theotokos and all the saints, grant us and all people the will to treat all life as sacred. By protecting the Sanctity of Life, may we ever more glorify You, its Source—together with Your eternal Father and Your all-Holy, good and life-giving Spirit, now and always, and unto the ages of ages. Amen.





**JANUARY, 2017
GREEK
PATRIARCH OF
JERUSALEM,
THEOPHITOS
III , BLESSES
SPOT WHERE
CHRIST WAS
BORN**

FOUR GREAT CHRISTMAS TREES



ITALY



LITHUANIA



NEW YORK CITY



PARIS

CALENDAR

- MARCH 12—DAYLIGHT SAVINGS TIME BEGINS (SPRING AHEAD)
25—ANNUNCIATION OF THE THEOTOKOS
- APRIL 09—PALM SUNDAY (SEE BULLETIN FOR ALL SERVICES)
16—HOLY PASCHA (EASTER)
23—OUR 85TH ANNIVERSARY CELEBRATION
- MAY 14—MOTHER'S DAY
25—ASCENSION OF OUR LORD
BLESSING OF GRAVES @ EVERGREEN CEMETERY ON
MEMORIAL DAY WEEKEND. DATE TO BE DETERMINED.
- SEPT 09—ANNUAL GOLF OUTING



Pandas, playful, loving, and frightened after an earthquake. National Panda day was March 16th.

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